G+T AESTHETICS

GRACEFUL . TASTEFUL

Anti-wrinkle Injections Aftercare Instructions

Before Anti Wrinkle Injections, try to avoid alcohol for 24 hours to help prevent bruising. It is common to experience some swelling, tenderness and possibly some bruising around the treated area. These are quite common side effects, and are usually temporary (maximum 2-3 days).

- Preferably avoid touching the treated areas for 3-4 hours. If this is unavoidable, when cleansing face, rub areas gently.
- No strenuous exercise for 4 hours after the treatment.
- Remain upright for 4 hours - do not lie down or rest head forward for long periods of time, i.e. no gardening etc.
- Avoid alcohol 4 hours after treatment
- Avoid rubbing/massaging the eyebrows for 24 hours.
- Avoid saunas/hot tubs/sunbeds for 24 hours.
- Avoid beauty salon peel treatments for 2 weeks.
- Wear a sunscreen - helps to reduce sun damage.
- Anti Wrinkle Injections will normally 'kick in' at days 7-10; day 14 at the latest.
- A FREE review appointment is offered up to 21 days after your initial treatment. which can be cancelled if you are happy with your results after 14 days.
- Recommended treatment plan is every 12-16 weeks.