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COSMECEUTICALS

Fire & Ice Patient Pre & Post Treatment advice

PRE TREATMENT ADVICE

Prepare skin with your practitioner recommended skincare regime. Avoid waxing or laser for 48 hours prior to treatment

WHAT TO EXPECT DURING TREATMENT

The Fire & Ice treatment bridges the gap between mild facials and invasive peels. It is likely you will feel heat and tingling whilst the peel is in contact with the skin. This can increase after the masque is removed, however after neutralization,the subsequent application of the Rejuvenating 'Ice' masque, the skin calms almost entirely.

WHAT TO EXPECT POST TREATMENT

The Fire & Ice is a 'no downtime' treatment. This means you shouldn't experience any significant shedding, prolonged redness, irritation or inflammation. However in the immediate hours following the treatment, the skin may look a little flushed. This should subside in approximately 4-6 hours

POST TREATMENT ADVICE

- SPF should be worn after this treatment and continued use is recommended for up to 4 weeks. (Although we do recommend SPF is worn throughout the year)
- Avoid heat & exercise/activities that will cause you to perspire within the first 12 hours of the treatment. This will increase the likelihood of the deep penetrating ingredients to be secreted back out of your pores reducing the effect of your treatment
- Avoid the use of any "active" products (Active Serum, White Lightening, White Lightening Complex) on your skin for 2-3 days
- Avoid "at-home" exfoliation for the 1st week of your treatment
- Waxing or laser on the face should be avoided for the first 48 hours post treatment
- Application of Sheald recovery balm is advised if skin is inflammed to support recovery and encourage normal skin appearance to resume
- If a reaction is suspected or inflammation persists for longer than 24 hours please consult your practitioner

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